

Breakfast



Week Two

Porridge with a Selection of Toppings

Pumpkin	Honey
Seeds	Fruit
Golden Syrup	Compote
Sultanas	Raisins

White & Brown Bread

Unsalted Butter Flora	Fruit preserves Honey
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Whole Fresh Fruit

Selection of Cereals

Weetabix	Rice
Cornflakes	Krispies
Homemade	Coco Pops
Muesli	Shreddies

Breakfast Orange Juice
Cloudy Apple Juice
Semi-Skimmed Milk or Soya Milk

Monday

Free Range Fried Eggs

Grilled Back Bacon Bacon

Tuesday

Freshly Baked Croissant
Free Range Boiled Eggs

Wednesday

English Muffins Topped with Ham and Cheese

Thursday

Pork Sausage and Baked Beans

Friday

Free Range Scrambled Eggs
Smoked Streaky Bacon

Saturday

Freshly Baked Pain au Chocolate
Free Range Boiled Eggs

Sunday

Full English
Bacon Rashers
Butchers Sausages
Hash Browns
Grilled Tomatoes
Mushrooms
Free Range Fried Eggs
Low Salt Baked Beans

