

# Breakfast

Week Eleven



## Porridge with a Selection of Toppings

Pumpkin Seeds	Honey
Golden Syrup	Fruit Compote
Sultanas	Raisins

## White & Brown Bread

Unsalted Butter	Fruit preserves
Flora	Honey

## Whole Fresh Fruit

## Selection of Cereals

Weetabix	Rice Krispies
Cornflakes	Coco Pops
Homemade Muesli	Shreddies

Breakfast Orange Juice  
Cloudy Apple Juice  
Semi-Skimmed Milk or Soya Milk

## Monday

Baked Sausage Roll

Baked Beans

## Tuesday

French Toast

Streaky Bacon

## Wednesday

Pancake Bar

Served with a selection of

Maple Syrup

&

Fruits of the Forest

Compote

## Thursday

Hash Browns

Baked Beans

Free Range Scrambled  
Eggs

## Friday

Butchers' Sausages

Free Range Fried Eggs

## Saturday

Sliced Ham

Sliced Cheese

Toasted Bagels

## Sunday

Full English

Bacon Rashers

Butchers' Sausages

Hash Browns

Grilled Tomatoes

Mushrooms

Free Range Fried Eggs

Low Salt Baked Beans

